

## The SpeakEasy Group

**Ellen Eichelbaum, Gerontologist**  
**631-754-6666**

Founded in 1982, The SpeakEasy Group is still regarded as the foremost Corporate Gerontology company in the country. We work with corporate clients as well as directly with families that are dealing with all aspects of eldercare. Our Elder-care Management Team (EMT), is here to help you and your family through the entire process.

Along with the financial issues that are often a result of eldercare demands, the emotional issues that can affect spouses, children and siblings can be devastating. Because eldercare is most often an emergency and is rarely planned, when a family crisis does arise many feel helpless.

Recently, we were selected as one of only 20 companies in the country to be part of a special event at our Nations' Capital. This event addressed critical financial and emotional issues in the 21st century and showed us how countless families will be affected.

Statistics are clear that eldercare is one of the biggest challenges families are now facing and will continue to face for many years to come. You don't have to do it alone. **We are here to help.**



**The SpeakEasy Group**  
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*Caring for those  
who have always  
cared for us*

**WE ARE OFFERING A SPECIAL  
PROGRAM FOR THE SCPD TO HELP  
OUR POLICE AND THEIR FAMILIES  
DEAL WITH ELDER CARE ISSUES**

**ELLEN EICHELBAUM**  
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**“Taking Care of our Own”  
A special program for Suffolk  
County Police and their families**

*“Either you are a caregiver  
or you will be”*

As we live longer than any generation before us, the need for proper shelter, medical care and emotional support is now a necessity. Living to 100 is no longer a dream but a reality, as age 85+ is the fastest growing segment of our population.

With no prior generation teaching us how to cope, it is essential for us to be prepared. Statistics now show that more work time is lost due to elder care than child care for the first time in our history. More often and more importantly, caregivers get sicker than those they care for.



**We are here for you and your  
Family**

**631-754-6666**

**We service the rest of the country if your  
loved one lives out-of-state**

**We are very appreciative of the Suffolk  
County PBA for recognizing the need for  
our services. We feel privileged to speak  
at the PBA Annual Retirement Event and  
thank the PBA for their continued  
support while helping members and  
their families.**

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*We are currently working with many police officers  
and their loved ones offering outreach services,  
support and solutions. Calls are always completely  
confidential and **every** call gets immediate  
attention.*

**Does this sound familiar?**

-I know I should have purchased **long term care insurance**, but didn't. Care is costing me hundreds of dollars each week. Is it too late to purchase? If not, what are the options and what does it cover for me and my family?

-Where are the **day care centers** that my mom or dad can go to where they will spend the day, get picked up and brought back home?

-My close relationships are being affected by care-giving responsibilities. Do you have suggestions so my spouse and I are not at odds with each other.

-I desperately need **legal advice!** We have no Power of Attorney or Health Care Proxy. Our financial situation has dramatically changed since we have been caring for mom. **Where do I go for help?**

-**My mom is depressed.** I am concerned about leaving her alone. Are their specialized services that can help?

-My siblings are fighting over everything since we started caring for dad. We need help!

-Who is going to care for my mom or dad while I am at work?

-How do I go about getting the best **home care** for my mom or dad and how can I be sure I can trust the person who takes care of them?

-What is the difference between **Medicare & Medicaid** and how do I know if my parents qualify? Then, where do I go?

-My mom is having memory issues. Can it be a form of **dementia?** Where do I go for help?

-I want my parents to stay home. The thought of a nursing home or assisted living makes me uncomfortable. How can I find out more about those options in case they need to move?

-We take care of our own. No matter what happens in our lives we want our family to stay together. If I bring my mom or dad to live with me, what do I need to know on all levels from location of their room to possibly making **physical adjustments to the house?**

-We are in a caregiving situation now. It is chaos everywhere. I need so much help, I am lost. I need someone to talk to who can help guide me through this maze.

-Can you give me the name of a **geriatric doctor or dentist that makes house calls?**